

ENVIRONMENTAL PROBLEMS

Environmental issues are harmful effects of human activity that result in negative changes in the environment, in our surroundings.

There are many environmental issues that face the planet, e.g. global warming, water and air pollution, deforestation, overpopulation, etc.

In the last time our planet is threatened with **food waste** that is becoming serious economic and environmental issue.

With millions of households across the country struggling to have enough to eat, and millions of tons of food being tossed in the garbage, food waste is increasingly being seen as a serious environmental and economic issue.

About 60 million metric tons of food is wasted a year in the United States, with an estimated value of \$162 billion. The problem is not limited to the United States.

A third of all the food produced in the world is never consumed, and the total cost of that food waste could be as high as \$400 billion a year.

But it is not just those countries that have problems with food waste; on the other hand it is also an issue in African countries like South Africa.

Food waste is not only a social cost, but it contributes to growing environmental problems like climate change, experts say, with the production of food consuming vast quantities of water, fertilizer and land. The fuel that is burned to process, refrigerate and transport it also adds to the environmental cost.

Most food waste is thrown away in landfills, where it decomposes and emits methane, a potent greenhouse gas.



My suggestions how to improve this situation are as follows:

- Supermarket chains should reduce waste by clarifying expiration dates and selling smaller portions of food.
- Donate more food and make changes in manufacturing processes to reduce the amount of wasted food.
- Find better ways to deal with food waste
- Recycle food products or turn them into compost.
- Buy only necessary and adequate volume of food

I think we should start to control human approach to our planet, to preserve balance between nature and humanity.

We should also be aware that whatever bad we did will come back to us.

